



SynterPoint Consulting believes an integrated approach to work and life can transform companies and people producing synergies of work engagement and life fulfillment.

Executive Integration Retreat

- *A five-day retreat with each executive and their spouse*
- *A beautiful retreat and resort location*
- *Lots of time for rest and relaxation*
- *Time to reconnect as a couple and with God*
- *Guided time together each morning with a skillful and caring executive consultant and coach*
- *Afternoons and evenings free with time to reflect, discuss and enjoy God's beautiful creation*



The executive integration retreat for couples is a safe time and experience with a highly skilled consultant to take a look at your corporate journey and its impact on your marriage and family journeys. Participants walk away with a clear understanding of areas of their work-life that may be reducing overall work engagement and life fulfillment.

SynterPoint believes physical, emotional, intellectual, relational and spiritual integration is critical to overall work engagement and life fulfillment.

Executive Coach – David Sachsenmaier

- *David has spent the past 30 years working with both corporate and ministry leaders across the US and overseas.*
- *As a former Managing Director in the Corporate & Investment Bank of Bank of America, he understands the demanding pressures and conflicts between work and personal life.*
- *David has a Masters in Divinity with a concentration in counseling. Prior to moving to Colorado Springs, he pastored a church in Hampshire, England.*
- *For the past six years, David has led numerous group and couple retreats for business executives and ministry leaders from across the US and overseas.*
- *David also has an ongoing counseling, spiritual direction and coaching practice.*
- *David and his wife met 30 years ago in college at the University of North Carolina at Chapel Hill. They live here in Colorado Springs with their six children.*



What people say about working with David:

“I have known David for almost 20 years. David is truly passionate about helping people find their optimal work engagement and life fulfillment. His diverse background, experience and training make him an invaluable coach and consultant helping corporations and employees find their greatest potential. And, as a former corporate banker, he completely understands the complexities of corporate cultures combined with the myriad demands on employees’ personal lives.”

Mark Linsz – Former Treasurer of Bank of America Corporation

“David very methodically and with so much grace and understanding began to help us unearth some deep seeded issues that were blocking our overall work-life integration. At times, his approach was gentle, kind and soothing. But other times, he caused us to be more openly honest with each other and made us take a look at ourselves in a more candid way. The Integration Retreat provided an incredible renewing place for us.”

Cindy & Pete were participants on an Executive Integration Retreat

“The integration retreat with David helped my wife and me to recover our lives. David was an instrument that brought about the recovery of and rejuvenation for life, marriage and work. David applied truth spoken in love that brought great insight into the condition of our souls, as well as practical, achievable steps to take following our retreat that have been life giving. He possesses a wonderful combination of compassion, transparency, wisdom and hope. I highly recommend him!”

Sr. Pastor in Kansas City

For more information about the Executive Integration Retreat and SynterPoint Consulting, email David at dsachs@synterpoint.com or call 719-646-9690.

