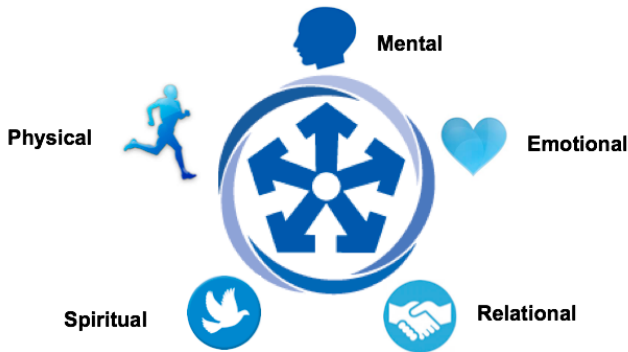


Whole Life Retreat

The Whole-Life Integration Model



SynterPoint Coaching believes an integrated approach to work and life can transform marriages and produce powerful synergies of engagement and fulfillment for marriage and work life.

- *A five-day retreat with one couple*
- *A beautiful retreat and resort location*
- *Lots of time for rest and relaxation*
- *Time to reconnect as a couple and with God*
- *Guided time together each morning with a skillful and caring executive coach*
- *Afternoons and evenings free with time to reflect, discuss and enjoy God's beautiful creation*



The Whole Life Retreat for couples is a safe time and experience with a highly skilled coach to take a look at your work-life journey and its impact on your marriage and family. Participants walk away with a clear understanding of areas that may be reducing overall work engagement and life fulfillment.

SynterPoint believes physical, emotional, intellectual, relational and spiritual integration is critical to overall work engagement and life fulfillment.

Executive Coach – David Sachsenmaier

- *David has spent the past 30 years working with both ministry and corporate leaders across the US and overseas.*
- *As a former Managing Director in the Corporate & Investment Bank of Bank of America, he understands the demanding pressures and conflicts between work and personal life.*
- *David has a Masters in Divinity with a concentration in counseling. Prior to moving to Colorado Springs, he pastored a church in Hampshire, England. Previously, David and his wife served as missionaries in France and Turkey.*
- *For the past ten years, David has led numerous group and couple retreats for business executives and ministry leaders from across the US and overseas.*
- *David also has an ongoing practice coaching ministry and business leaders around the US and overseas either in person or over Zoom.*
- *David and his wife met 35 years ago in college at the University of North Carolina at Chapel Hill. They live in Colorado Springs with their six children.*



What people say about working with David:

"I have known David for almost 20 years. David is truly passionate about helping people find their optimal work engagement and life fulfillment. His diverse background, experience and training make him an invaluable coach and consultant helping people find their greatest potential. And, as a former corporate banker, he completely understands the complexities of corporate cultures combined with the myriad demands on employees' personal lives."

*Mark Linsz – Former Treasurer of Bank of America
Charlotte, N.C.*

"My wife Trudy and I attended David's whole life retreat in December 2014. After more than 32 years in the publishing industry, I've never had a executive coach offer a program that addresses the critical connections between my executive career and my marriage and home life. The retreat David led us through, provided a restful time away with my wife in a place of great beauty to enjoy each other and open up some meaningful dialog. David, respectfully and delicately walked us through challenging places in both work and personal life. Trudy and I viewed this retreat as an incredibly valuable experience and highly recommend it to other executives. Take some time to invest in the integration of your career and your home life."

*Cris H. Doornbos – Chief Executive Officer
David C Cook Communications – Colorado Springs, CO*

"The whole life retreat with David helped my wife and me to recover our lives. David was an instrument that brought about the recovery of and rejuvenation for life, marriage and work. David applied truth spoken in love that brought great insight into the condition of our souls, as well as practical, achievable steps to take following our retreat that have been life giving. He possesses a wonderful combination of compassion, transparency, wisdom and hope. I highly recommend him!"

Sr. Pastor Kansas City, KS

*For more information
email David at dsachs@synterpoint.com or
call 719-646-9690
Visit our website at www.synterpoint.com*

To schedule a time to connect with David to learn more about this retreat, click on this button.

SCHEDULE A CONVERSATION